**looking back, looking forward**

**h**

**in 2015 /**

***3-4 words that describe this past year...***

***if 2015 was a book, i'd title it...***

***i am really glad i tried...***

***something that really surprised me was...***

***the most courageous thing i did this year was....***

***i tried to push against...***

***i tried to let go of....***

***i tried to hold on to..***

***i felt more hopeful about...***

***i felt less anxious about...***

***a relationship i feel extra grateful for this year....***

***this year, i noticed God at work in...***

**in 2016 /**

***words i hope describe this upcoming year...***

***something new i really want to try...***

***a relationship i want to pour more of my heart and time into...***

***a way i want to take better care of myself is...***

***a way i want to reach out to others is...***

***i'd really love to experience more of God's peace in....***

***i'm going to need God's courage to....***

***this year i want to bravely push against...***

***i want to let go of...***

***this year i hope i can hold on to....***

***one dream i have for 2016 is...***